

Okinawa MARINE

Marines on deployment in Korea stretch their minds and bodies during Tae Kwon Do practice with Korean instructors. See story and photos on page 10-11.



June 22, 2001

Camp Smedley D. Butler, Okinawa, Japan

www.okinawa.usmc.mil

INSIDE

NEWS

Future changes to improve Marines' quality of life

Marine Corps barracks throughout the island are slated to undergo renovations during the next three years to replace furniture and update the buildings to the current Marine Corps barracks standards.

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NEWS

NCOs from around the corps voice concerns

Noncommissioned officers from many major commands were allowed to talk about their concerns for the Marine Corps to the Commandant of the Marine Corps and the Sergeant Major of the Marine Corps.

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FEATURE

Facility combats corrosion to keep Marines moving

Civilian workers at the Corrosion Rehabilitation Facility work continuously to repair damage to vehicles and equipment caused by corrosion and save the Marine Corps money by making the repairs locally.

see page 13 for more

SPORTS

Tropical island league plays sport of ice hockey

An Okinawan ice hockey team, Okinawa Hope Star, adds American players to its list of players. The newly formed team is doing well and is trying to recruit more players for the next tournament.

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LEISURE

Fitness enthusiasts work together to stay healthy

Alternatives to the running miles to get the required dose of physical training are offered through many of Marine Corps Community Services Semper Fit programs and activities.

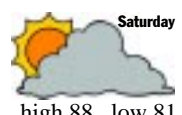
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FORECAST



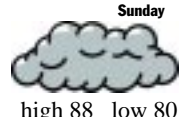
Today

high 88 low 80



Saturday

high 88 low 81



Sunday

high 88 low 80

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U.S. NAVY PO1 MARTIN MADDOCK

Great training

During Exercise Alexander the Great in Lithoro, Greece, Cpl Joshua Ledbetter from the Light Armored Reconnaissance Battalion, 24th Marine Expeditionary Unit, looks out at the scenery from his Light Armored Vehicle as his unit completes its training for the day on the artillery range. Marines from the 24th MEU train with Greek units. The mission of the exercise is to promote mutual cooperation between U.S. and Greek forces and carry out pre-planned amphibious operations and to test NATO combined amphibious doctrine and procedures.

Panel proposes sweeping personnel changes

ARMY SFC KATHLEEN T. RHEM
AMERICAN FORCES PRESS SERVICE

WASHINGTON — The American public holds the military in high regard, but "the propensity to serve is very low," a high-level Pentagon adviser said June 13.

Retired ADM David Jeremiah, a former vice chairman of the Joint Chiefs of Staff, told reporters that the military needs a personnel system designed for "changing demographics" and better pay for mid-grade enlisted members to deal with the issue.

Jeremiah led a far-reaching review of quality-of-life and morale issues at the request of Defense Secretary Donald Rumsfeld. He briefly went over the panel's 60-some recommendations in the Pentagon briefing.

He said the military has a personnel system with "no real structure, no strategy that deals with human resources in the (Defense) Department across the board, not just military but civilians and contractors as well."

"What you have is a system that is 50 years old and has been 'Band-Aided' over the years to accommodate different stresses and strains on it," he said.

The current up-or-out system "works OK, ... but doesn't necessarily recognize the individual needs of the services," Jeremiah said. He said more flexible retirement systems, including allowing certain career fields to get some retirement

benefits before 20 years and not forcing others out at 30 years, might be smart ways to do business.

"We need to know what kinds of skills and experience we're going to need for our transformed force. ... We may not want a 60-year-old infantryman ... but I'd be happy to have a 60-year-old information warrior," Jeremiah said. "He or she has probably 15 or 20 years of experience in the business, knows how to do it, (and) knows all the tricks of the trade."

"There are different needs out there," he said. "The one-size-fits-all (system) doesn't work any more." The admiral called a flexible retirement system "the most fundamental" recommendation to come out of his panel's review.

The QOL study is just one of what have come to be called "the Rumsfeld Reviews." It was started to "stimulate the secretary's thinking" on the myriad issues relating to quality of life and morale.

Higher education levels in the enlisted force have made the pay gap for mid-level enlisted grades larger than the gap for other grades, Jeremiah said. He noted that nearly 80 percent of enlisted members have "some college" by the time they've been in the service 10 years.

"We find now many enlisted people with more than one bachelor's degree or master's degrees," the admiral said. "So it's a different force than the high school graduates that we got 50 years ago."

He said the gap results from DoD paying these ranks on the assumption they

are high-school grads only, not individuals with some college or with college degrees. He recommended President Bush's recent pledge of \$1.4 billion more in military pay raises be targeted to mid-grade enlisted service members.

Excess bases make upkeep nearly impossible. The solution: fewer bases and a commitment to maintain the ones we keep, Jeremiah said. He said old workspaces in disrepair hurt morale and make people in the military wonder what the country thinks of them.

The study also recognized the face of the military is changing. Jeremiah said some estimates see the military being much more heavily Hispanic in coming years and that DoD should work to recruit these individuals now so there can be more Hispanic leaders in future years.

High operations tempo and the increased use of Guard and Reserve forces were also noted as quality-of-life problem areas.

"This is a world in which we're not at war and we're not at peace," Jeremiah said. "The peace that we're in is the absence of major war, but it isn't peace as we know it, and it demands an enormous amount of activity on the part of the military members in the force."

Housing is one area DoD can make significant improvements in a relatively short amount of time — and the department should do just that, Jeremiah stressed. The military needs "better housing sooner," he said.

Report traffic violations at 645-7441/7442

Renovations underway at barracks

Changes will help improve quality of life for Marines

CPL STEPHEN L. STANDIFIRD
COMBAT CORRESPONDENT

CAMP FOSTER — Marines living in the barracks throughout the island can expect a few changes in their living conditions over the next three years.

"About five years ago, the Marine Corps recognized the need to do something with the barracks," said William H. Kinzley, Director, Planning Office, Public Works Branch, Facilities Engineer Division.

What the Marine Corps recognized was the need to upgrade the barracks to today's standards, according to LtCol Gary A. Eisenmann, Facilities Maintenance Officer, Facilities Maintenance Branch, Facilities Engineer Division. Eisenmann said the Corps developed at that time the "whole room concept."

"The whole room concept focused primarily on replacing furniture every seven years," he said.

In addition to new furniture being needed, some of the barracks on the island were not up to the new Marine Corps construction standards. So in conjunction with the whole room concept, an additional barracks improvement program was put into effect.

What developed was a whole barracks renovation plan where not only would the furniture be replaced but the barracks throughout the island would be updated to current Marine Corps standards, according to LtCol Eisenmann.

"The whole barracks renovation projects consolidate all repairs needed for a barracks into a single contract," said Ben Parker, Director, Engineer Office, Public Works Department, Facilities



CPL MATTHEW E. HABIB

The new barracks that are planned include 194 rooms, improved laundry facilities, increased secure storage area for residents. The new barracks will meet the highest standards for the Marine Corps.

Engineer Division.

In order for this new renovation plan to get on its feet, the Japanese government had to approve. That approval comes through the Japanese Facilities Improvement Plan.

"The JFIP is the method by which all new construction is done in Okinawa," said Navy LT William B Seguire, Project Management Officer, Planning Section, Facilities Engineer Division. "Any new barracks will be built under this program."

In 1999, the renovation plans were just getting going. After a proposal to JFIP, the program was on a roll. LtCol Eisenmann said appreciation should go to the Japanese for help in getting MCAS Futenma's barracks going.

"At Futenma, the government of Japan agreed to sustain the barracks because the barracks were inadequate," he said.

"We are pleased with what the government of Japan has done and with how the Marines are taking care of their new barracks," LT Seguire said.

As the renovations are being made, quality of life issues to improve morale within the barracks are being upgraded. Issues like communication and entertainment are being incorporated in the new barracks designs.

"All barracks are wired to have private phone lines, are cable ready, and also allow reception of AFN without cable service. All barracks have a lounge and laundry facilities on each floor and bulk storage areas," LT Seguire said. "These new layouts will also double the number of washers and dryers that could be put into each laundry room."

LtCol Eisenmann said it's being done with the Marines in mind.

"We know the barracks are Marines' homes. When they are home we want them to be comfortable," he said.

With projects in the works and more on their way, the Facilities Engineer Division is working hard trying to bring Marines the standard of living they deserve in Okinawa.

Career planners help reenlistment decisions

CPL STEPHEN L. STANDIFIRD
COMBAT CORRESPONDENT

CAMP FOSTER — For some Marines, deciding to stay in uniform beyond their first enlistment can be difficult. That's where Marine career planners can help. They are the ones who assist in that decision making process.

"Our job is to provide information to let them know their options and help them make knowledgeable decisions on whether to make the Marine Corps a career or not," said SSgt Robert E. Griffith, Career Planner, Headquarters and Service Battalion, Marine Corps Base.

One Marine at Camp Schwab recently asked SSgt Griffith for some reenlistment assistance and SSgt Griffith helped him find the way to a future he wanted.

"My MOS (Military Occupational Specialty) is currently closed and in order to reenlist, I needed to lat

move," said Sgt Claudio E. Ayala, Camp Schwab Billeting Manager, Marine Corps Base Camp Schwab. "He ensured I received my current new MOS before my extension expired."

Changing an MOS is only one of the options Marines have to better their military career. Other possibilities are also discussed when a Marine sits down for their interview with the career planner. But such reenlistment options are not all that's talked about.

A Marine needs to look at his goals, SSgt Griffith said. "Where is he going to be in five to 10 years, and how is he going to get there? That's what we talk about in the in-

terviews," he said.

There isn't anything you need to bring to the interview with the career planner; you just need to know what you want, SSgt Griffith said.

"Our job is to provide information to let them know their options and help them make knowledgeable decisions on whether to make the Marine Corps a career or not."

-SSgt Robert E. Griffith

all I need to work with."

The Marine Corps offers some extra incentives for Marines who want to make the Corps a career. Some MOS's have bonus money for reenlisting and others have guaranteed school seats. Most MOS's offer a choice on the next duty station for

their Marines.

"It's more of a race nowadays to get your duty station incentives," SSgt Griffith said. "It's on a first-come first-serve basis."

Although the extra incentives are great, some Marines just want to stay Marine.

Sgt Ayala said he was interested in reenlisting so that he could continue his career with the Marine Corps and support his family.

SSgt Griffith advises Marines who are not quite sure if a Marine Corps career is for them to examine their benefits closely before they decide.

"Look at what you do now; you've got medical benefits, housing, chow. Most places on the outside can't provide all that," he said. "You're probably better off right now."

For Marines with contracts that expire in fiscal year 2002, SSgt Griffith suggests setting up an interview now so they can be ready when the race for specific reenlistment incentives begins.

NCOs gather to discuss concerns at symposium

CPL MATTHEW E. HABIB
COMBAT CORRESPONDENT

CAMP FOSTER — Noncommissioned officers from around the entire Marine Corps gathered May 25 at Marine Corps Base Quantico, Va., for a week-long NCO symposium.

The symposium, attended by NCOs from 37 major commands, discussed topics they feel are the most present and biggest concerns of the Marine Corps today.

The NCOs worked together to narrow the topics down from 100 subjects to what they felt are the 25 most pressing issues. They then made recommendations on how to make changes for the better, and presented these ideas to the Sergeant Major of the Marine Corps, Sergeant Major Alford L. McMichael, and the Commandant of the Marine Corps, General James. L. Jones.

Representing III Marine Expeditionary Force at the symposium was Sgt Ryan W. Lincoln, Mechanized Allowance Lister, Marine Wing Communications Squadron, Marine Air Control Group-18, 1st Marine Aircraft Wing. According to Sgt Lincoln, the event was an excellent opportunity for points of views to get across, as well as a chance to get some new perspectives on the issues at hand.

"The symposium gave us all the chance to get together with our peers from around the world, and to view any issues we had from their stand-point," Sgt Lincoln said. "That really helped us tackle the problems since the Marines here in Okinawa might only see a problem in one light, while Marines back in the States viewed in another. We were able to get everyone's input for a mutual solution, instead of just a

centralized one."

The Marines tackled 13 categories that included: promotions, career enhancement, performance evaluation, education, safety, training, administration, weight control, uniforms/gear, miscellaneous, quality of life, entitlements/benefits and retention/monitor/recruiting. Issues within these categories ranged from suicide prevention to accumulated deployed time.

While many issues were discussed and the NCOs made recommendations, it is still going to take some time for review. However, during the symposium, some changes were approved on the spot by Gen Jones, such as the modification of NCO promotion warrants, according to Sgt Lincoln.

"When a Marine gets promoted to the ranks of NCO, he is in a special category and a leader of Marines," Sgt Lincoln said. "During the symposium, we expressed our feelings that the warrant should be different from non-NCO warrants and should reflect exactly what is expected of that newly-promoted corporal or sergeant. We wrote up a draft on our own and presented it to the commandant and he approved it right there pending final revising."

According to Sgt Lincoln, the symposium ran smoothly and progress was made, but was slightly hampered by one minor obstacle. The Marine NCOs selected to attend the symposium were chosen by their commands, based on their professionalism and ability to lead. Sometimes when you get too many leaders in one group, laughed Sgt Lincoln, hard-headedness can become an issue.

"The symposium became a learning process for all of us as well," Sgt Lincoln said. "Of course we all wanted to lead and have our own ways, but we quickly learned that we had to work



CPL SANDA ZARATE

From left, Sgt Saulo Ugarte, Sgt Walter Buranog, Sgt Sakou Selli and Sgt Brian Singh try to solve a murder mystery exercise at this year's NCO symposium. These Marine were given several other exercises to help them improve their teamwork skills.

together if we wanted to get anything accomplished. We all had to give a little to get a little."

Representatives also approached the NCOs from the Headquarters Marine Corps Uniform Board and Marine Corps Community Services. The Marines were briefed on the future of the Marine Corps dealing with new uniforms and various MCCS programs, including the Single Marine Program. The NCOs were also tasked to relay this information back to their commands and help spread the word, according to Sgt Lincoln.

Overall, Sgt Lincoln said that he felt the symposium was an outstanding step in the direction of progress for the Marine Corps and hopes future symposiums continue to be as beneficial.

"This was a really positive experience for me, and gave me a chance to see how Headquarters Marine Corps and the Commandant of the Marine Corps work first-hand," Sgt Lincoln said. "I definitely look forward to next year and in seeing the final outcome of the recommendations we made. I am grateful for having the opportunity to attend the symposium this year."

Commissaries donate money to students for scholarships



PFC DAMIAN MCGEE

Adalis Morales (right) was one of four students on Okinawa awarded the Defense Commissary Agency scholarship. Ted Awana, Store Director, Kinser Commissary, presented Morales with her certificate during a luncheon to honor the award recipients.

PFC DAMIAN MCGEE
COMBAT CORRESPONDENT

CAMP FOSTER — Four students here were awarded scholarships by the Defense Commissary Agency and the Fisher House Foundation May 31.

In order for students to be considered for the award they had to submit an essay discussing life as a military dependant and their community involvement. The students also had to have a cumulative grade average of 3.0.

This was the first time for the contest, but it is expected to continue as an annual competition.

In order to choose the recipients of the awards, DECA hired an independent company to judge the entries and choose the best students.

"The GPAs were extremely close this year," said Peter Conrardy, Commissary Zone Manager. "They were so close that the winners were decided by the quality of their essay and the community involvement."

For the recipients who received the award it was not a hard choice to apply for the scholarship.

"I saw the ad about the scholarship and told myself I'd better apply," said Adalis Morales, Kubasaki High School Student.

"It's only \$1500, but every little bit helps when it comes to paying for college," she said.

In the opinion of the students, it was the little things they said that set them apart in the competition.

"I don't really know why I won," Morales said. "But, if I had to pick anything I think it would be the words I used to describe myself ... social, organized, dependable, and reliable."

Overall, the students were very grateful for the scholarship and encourage others to apply next year.

"You never know if you don't try," said Stephanie Rush, Kubasaki High School Student. "It only takes a little effort, but the reward is much greater than the effort."

Out of the 500 total recipients, the four chosen from Okinawa were Adalis Morales, Stephanie Rush and Lindsey Elkins from Kubasaki High School, and Nathan Fortunato from Kadena High School.

For students looking to participate in the next year's scholarship contest, the local commissaries will advertise the beginning of the competition beginning in January or February of next year and will include the cutoff date. After the winners are chosen, the announcement will be made in May 2002.

Service members have options for extra stuff

LCPL JOSH P. VIERELA
COMBAT CORRESPONDENT

CAMP FOSTER — Books, cars, clothes and toys are just some of the items service members on Okinawa sometimes leave behind when they leave Okinawa for their next assignment.

However, those leaving have several options in getting rid of items they don't want to take and can even help others at the same time.

Some of the options they have include donating their items to organizations such as base thrift shops, flea markets and the American Red Cross.

The Marine Enlisted Wives' Club Thrift Shop here is a nonprofit organization where service members can donate items ranging from clothes to toys. Because it is a charitable cause, those who contribute can use it as a tax write-off, according to Andrita Stephens, Assistant Manager, MEWC Thrift Shop.

The thrift shop is open Tuesday through Thursday from 10 a.m. to 3 p.m. and Saturday from 10 a.m. to 2 p.m. For more information about the thrift shop call 645-6025.

The Airmen's Attic on Kadena Air Base is another option. This is similar to the Marine thrift shop in that it is a nonprofit organization where service members can donate just about anything, including food. While the Kadena shop is open to all branches, it serves members E-5 and below. The Airmen's Attic is open Tuesday

through Friday from 9 a.m. to 4 p.m. For more information about the Airmen's Attic call 634-3600.

Those looking to sell items to recoup some of their costs can make money at the flea market.

The flea market takes place on Camp Foster the first week of each month. The second, fourth and fifth week of each month, the flea market is held at Camp Courtney. The third week of the month, the flea market is on Camp Kinser. Times of flea markets vary depending on the camp they are being held on. For more information about flea markets and fees call 645-1558.

The Lemon Lot on Camp Foster, run by Camp Services, is a fairly hassle-free place to display cars sale, according to MSgt Marion Wilson, Camp Services Chief, Headquarters and Service Battalion, Marine Corps Base.

The Lemon Lot is a place where service members and others with Status of Forces Agreement status can park their vehicles free of charge, as long as there is a phone number and point of contact listed in the window. Those interested in more information about leaving a vehicle at the Lemon Lot can call 645-7315.

Vehicles can also be donated to the American Red Cross, which can be contacted at 645-3800.

With all these options available, service members and civilians have the choice to make a little money to help with moving expenses or donate items to help others.



CPL STEPHEN L. STANDIFIRD

Safety hug

Melina Simpkins, 3, gives Darin, the new Drug Abuse Resistance Education mascot, a big hug at the first ever Safety and Health Fair sponsored by MCCS at Camp Foster. Darin was instituted into the DARE program in the early 1990's to replace Yogi Bear. LCpl Jerry Wilkins, NCOIC of DARE program said Darin's main focus is to teach not only kids but everyone to just say no to drugs and violence.

Plan for safe, successful diving experiences this summer

LCPL KEITH R. MEIKLE
COMBAT CORRESPONDENT

CAMP FOSTER — Okinawa provides a unique diving experience with a horde of dive sites, but safety is paramount when exploring them.

"Safety is always important," said Mark E. Fisher, Manager, Tsunami Gear, Camp Foster. "With so many diving spots on Okinawa, there is always a safe place to dive."

The first step in safe diving is having a buddy. It is more fun to share the experience with someone anyway, according to Fisher.

The next step in safe diving is planning. Divers should plan their dives by looking at prospective sites before they attempt to dive there and



PFC DAMIAN MCGEE

Before undertaking a dive, all divers should ensure that a few basic safety precautions are met. They should monitor weather conditions prior to and while out on a dive. They should also ensure all dive gear is in proper working order. Finally, divers should respect the sea creatures they come in contact with.

planning the length of the time under water and route they want to take.

"Divers should visit their dive site prior to the dive to get familiar with the surroundings," Fisher said. This is especially true for night dives, he said.

"You should go during the day to checkout a night dive sight because everything will look different," said Lee Warren, Manager, Tsunami Gear, Camp Hansen. "It is important to be familiar with the sight, especially at night."

Divers should always check the weather a few days before the dive and continue to monitor it until just before the dive.

"Weather is the most important part of planning a dive," Fisher said. "It is important to check the weather the day before, the morning of, and immediately before you make a dive because weather conditions can change so frequently."

One important weather factor is the direction of the wind. The island is divided into an east and west sectors. When the wind is blowing from the west, the east side will have calm waters.

The high tide and low tide are also weather elements that should be noted in planning because they can create strong currents.

"The ideal time is just before high tide," Fisher said. "Low tide has outgoing tidal currents that can create problems."

Divers can check the weather conditions on the Armed Forces Network by looking at the letters at the bottom of the screen. For example, SC-EW means Sea Condition, East Warning.

Another caution is the ocean wildlife. To be safe and have the most fun, divers must participate in passive interaction, according to Fisher.

"It is important to be passive with the animals," Fisher said. "Take pictures and look at the ocean life, but don't touch it. This is their environment. If you back them into a corner or impede their path, they will defend themselves."

To help protect Marines, Marine Corps Order 1710.3C mandates that divers wear full-body wetsuits.

Although full-body wetsuits do protect the skin when divers brush up against the coral, they can only serve their purpose when properly functioning. The condition of a diver's gear is crucial because there are so many intricate parts that are important, according to Fisher. All divers should inspect their gear before every dive.

"Divers should always check their gear," Fisher said, "especially rented gear because it comes in and out of our store so often that we don't have time to connect everything and inspect the gear, so it is the diver's responsibility to ensure it works."

Divers who own their gear should also get it inspected annually.

"Divers should get their personal gear inspected annually and before every dive," Fisher said. "Compare your gear to a car; you need to make sure your fuel, oil and tires are full for trips. You need to make sure your gear is ready for its next trip."

For more information about diving, contact Tsunami Gear at 645-4206.

NJP REPORT

The following are alcohol-related nonjudicial punishments for June 10-16.

• Underage drinking

Two lance corporals with Marine Wing Support Group-17, 1st Marine Aircraft Wing, were found guilty at squadron-level NJPs of underage drinking. Punishment: reduction to E-2, forfeiture of \$584 per month for two months.

A private first class with MWSG-17, 1st MAW, was found guilty at a squadron-level NJP of underage drinking. Punishment: reduction to E-1, forfeiture of \$521 per month for two months.

A seaman apprentice with the U.S. Naval Hospital was found guilty at Captain's Mast of underage drinking. Punishment: reduction to E-1, forfeiture of \$521 per month for two months, and restriction for 45 days.

A private first class with Headquarters Battalion, 3d Marine Division, was found guilty at a company-level NJP of underage drinking. Punishment: forfeiture of \$272 per month for one month, and restriction and extra duties for 14 days.

Two privates first class with 3d Materiel Readiness Battalion, 3d Force Service Support Group, were found guilty at company-level NJPs of underage drinking. Punishment: forfeiture of \$500 per month for two months, and restriction and extra duties for 45 days.

Two privates first class with 3d MRB, 3d FSSG, were found guilty at company-level NJPs of underage drinking. Punishment: forfeiture of \$500 per month for two months, and restriction for 30 days.

Two lance corporals with 3d MRB, 3d FSSG, were found guilty at company-level NJPs of underage drinking. Punishment: forfeiture of \$607 per month for two months, and restriction and extra duties for 30 days.

• Driving Under the Influence

A petty officer third class (frocked) with USNH was found guilty at Captain's Mast of driving under the influence. Punishment: reduction to E-2, forfeiture of \$584 per month for two months, and restriction and extra duties for 30 days.

A corporal with Headquarters and Service Battalion, Marine Corps Base, was found guilty at a battalion-level NJP of driving under the influence. Punishment: reduction to E-3, forfeiture of \$692 per month for two months, and restriction 60 days.

A lance corporal with H&S Bn, MCB, was found guilty at a battalion-level NJP of driving under the influence and underage drinking. Punishment: reduction to E-2, forfeiture of \$584 per month for two months, and restriction 60 days.

• Drunkenness

A lance corporal with Marine Aircraft Group-12 was found guilty at a squadron-level NJP of drunkenness, incapacitation for performance of duties. Punishment: reduction to E-2, forfeiture of \$584 per month for two months, and restriction and extra duties for 45 days.

COURTS MARTIAL

A lance corporal assigned to 4th Marine Regiment, 3d Marine Division, was sentenced to 30 months confinement, forfeiture of all pay and allowances, reduction to E-1 and a dishonorable discharge at a general court-martial on one specification of Article 86, unauthorized absence, Article 121, larceny, and Article 123, forged checks.

In memory

A service was held in memory of Navy LT Rickey D. Nevels June 14 at the Camp Courtney Chapel. LT Nevels, who served with III MEF before his death, was remembered as being the kind of person "you could meet once and come away with a lasting impression." Lt Nevels is survived by his wife Lois Jean Nevels.



PFC DAMIAN J. MEGEE

COMMUNITY BRIEFS

Driving Supervision changes

As of 8 June, the following change to the Marine Corps Bases Japan Driving Supervision Order P11240.1B became effective:

"Based on the provisions of Marine Corps Order 5110.1C, personnel whose privileges have been revoked/suspended as a result of DUI, DWI, DWI refusal; allowing a person to operate a vehicle while under the influence of drugs or alcohol; operating a vehicle while under revocation/suspension; fleeing the scene of a traffic accident involving death or injury; racing or vehicular homicide; fleeing/elude a police officer; or open container(s), shall forfeit their privileges to drive privately owned vehicles for the duration of their assignment to III MEF, Marine Corps Bases Japan. Additionally, based on the provisions of MCO 5110.1C, any person who by the cumulative effect of their overall driving record fails to demonstrate the good judgment required of vehicle operators shall forfeit their driving privileges for the remainder of their assignment to III MEF/MCBJ."

In application, this order means that should a person be found guilty of DUI, DWI or any of the offenses listed above, that person will receive the normal suspension or revocation and an additional order will follow. The additional order will state that the individual's driving privileges are terminated for the remainder of his assignment to III MEF/MCBJ.

Should a person be involved in multiple traffic offenses that places personal safety, the safety of others in jeopardy or subjects private property to significant risks his driving privileges may be permanently terminated.

For more information about the change to the order contact the Traffic Court Administrator at the Base Inspector's Office at 645-3788.

Book Donation Drive

Army and Air Force Exchange Service officials on Camp Foster supports the Okinawa Young Marine's book donation drive to collect books for the children of Nago and its sister city, Davao, Philippines.

The book drive will kick off Saturday from 10 a.m. to 2 p.m. at AAFES main exchanges as the Okinawa Young Marines collect old and new donated books. Books may be donated at the main entrance of the four exchanges.

Books for the Preschool to Young Adult Categories are suggested for donation. The book drive ends 30 June.

Caribbean Dance Party

The Caribbean Heritage Association is sponsoring a Caribbean Dance Party 4 July at the Globe and Anchor from 9 p.m. until 3 a.m.

Free food, door prizes, limbo contest and more will be supplied at the party. Tickets will be sold at the door for \$10.

For more information, call LaWanda Chin at 633-8883 or Beverly Smith at 633-0147.

Summer Fun

The Kadena United Service Organization will host Kids Summer Arts and Crafts Saturday from 11 a.m. to 1 p.m.

The Futenma USO will host more arts and crafts for children 27 June from 2 to 4 p.m.

All events are free and snacks will be provided.

For more information, call the USO Marketing Department at 633-4510

To submit a brief ...

Send an e-mail to editor@mcbbutler.usmc.mil or fax your request to 645-3803. The Okinawa Marine accepts briefs for non-profit organizations and groups only and they are run on a space-available and time-priority basis. Deadline for submitting briefs is noon every Friday and the Okinawa Marine reserves the right to edit all submitted material to fit space.

Security for the future by planning today



SGTMAJ STEPHEN H. MELLINGER
MARINE FORCES PACIFIC SERGEANT MAJOR

If you, whether single or married, were asked about your personal future financial plans, would it bring a confident smile to your face or the "deer in the headlights stare?" Unfortunately many of us think that words such as "future" and "financial planning" are words not meant to be used in the same sentence.

As young adults our future financial plans generally consist of the upcoming weekend and how much we need to pay for it. Unless you Marines are a lot wiser than I was at your age (and I hope you are), then I'm probably right. It's sad to say, but even the majority of older Marines have not bothered to think about their financial future.

Most of us have a false sense of financial security because we get that pay every two weeks and the bills are getting paid. Also, we as a society, seem to embrace a "live for today" lifestyle which leaves no room (money wise) for emergencies or financial security investments for our "golden years."

I know a few very senior Marines who recently retired from the Corps with 20 to 30 years of service. And they walked out the gates with not much more than their last active-duty paycheck. I wondered how they were going to make it financially in the "after life" from the Marine Corps. You could see the uncertainty in their eyes.

Without exception every Marine that is in that type financial situation wishes they were not. What a horrible way to start what should be the "worry free, kick back and smell the flowers" part of your life. Instead they are wondering where the money will come from

to continue paying their creditors.

No matter if we serve for just one tour of duty in the Corps or stay the course for 30 years, we all must realize the importance of preparing now for our financial security.

Would you agree that we do a much better job providing for future needs of Marines in our charge than we do for our own family?

We've all received the financial planning pitch while in recruit training. For me it went in one ear and out of the other.

For years (as a bachelor) my priorities were cars, parties and fun times, but then I married. We had children. Would you believe it? My priorities changed dramatically. When I did begin to think about "life after the Corps," and even retirement from a second career, I regretted not setting money aside decades ago as a young bachelor.

For me it was only about 15 years ago when I started taking steps to be financially secure when I reach my "golden years." Prior to that time, my family's total assets were limited to what cash my wife and I had in our pockets after paying the monthly bills.

I wish I had been smart enough to set aside even a couple of dollars a payday when I first came in the Corps 28 years ago.

Because I waited so late in life to begin preparing for financial security (or total retirement where I don't have to work any more), my family has had to make real sacrifices. But now we see that our aggressive investments and savings the last 15 years is paying off.

Each of you hard chargers should have a financial plan aimed at making life comfortable for you and your

family later in life. I don't believe any of us want to "have" to work until we're 90 years old just to survive.

The saying, "Money can't buy happiness," is an accurate saying, but I suggest that having financial security will sure make life less stressful and more enjoyable. There's another saying I agree with, "Love makes the world go around, but money greases the axle."

There are numerous ways to save or invest. They include (but are not limited to) bank/credit union savings, stocks, mutual funds, bonds or individual retirement accounts.

I encourage all of you, who currently don't have a financial plan, to please seek consultation from a professional. But before you do that you first must set financial goals for

yourself. For example, do you want to stop working by age 60? Then to do that you must figure out how much money you would need to have saved as you reach age 60.

Not everyone (to include me) will be a millionaire, but those who set goals and start a plan early in life, have a much better chance of getting there than those who put their hopes in winning a state lottery!

Marines, 30 years from now it won't seem too important to you who you bought beers for in Hawaii, what super car stereo system you had to have or how much those cool rims on your ride cost you. You will however remember back to this time (one way or another) concerning your finances.

If you do begin now to save for the future, you will have fond memories. If you don't start now, you'll look back 30 years from now thinking, "If only I had started saving..."

"Not everyone (to include me) will be a millionaire, but those who set goals and start a plan early in life, have a much better chance of getting there than those who put their hopes in winning a state lottery!"

- SgtMaj Stephen H. Mellinger

What Would You Do?

The following examination of leadership issues is not intended to present right or wrong answers. The goal is to provide a forum to encourage leadership discussions of challenging issues. Chaplain responses are designed to provide moral and ethical guidance. Questions, comments or ideas for a future scenario may be submitted to: editor@mcbbutler.usmc.mil

Integrity

You're at the Foster Exchange shopping with a friend. After you finish selecting your items, you head to the cashier with your friend.

You pay for your items and wait on your friend. The cashier rings up his purchase, and he hands her a \$10 bill. She is in the process of making change when the power goes out.

After a few moments in the dark, the lights come back on. The cashier apologizes for the delay and hands your friend his change for a \$20 bill. He takes the change and grabs his bag to leave. What do you do?

What the Marines said

Private first class with MCB: I personally wouldn't say anything. I'd leave it up to my friend to make the choice. If he decides to say nothing, it's his decision.

Staff Sergeant with 1st MAW: He needs to give the money back. She could lose her job because of that. I would make my friend give that money back.

Corporal with 3rd FSSG: You need to get the correct change back. The way I see it, if he would take the money it's like stealing. That's what he needs to do, take it back. It comes back to the Corps values; Honor, Courage and Commitment.

Corporal with III MEF: I would tell me friend that he is wrong and needs to give the extra money back. I'd let the cashier know she made a mistake as well and get the correct change back.

What the Chaplain said

I am proud and impressed by the answers provided by the staff sergeant and the two corporals. Their sound reasoning and values exemplify the highest standards expected of a Marine. The corporal from 3rd FSSG put it best. "It comes back to the Core values; Honor, Courage, and Commitment." My greatest concern is the response provided by the private first class. "Do your own thing attitudes" should make all of us wonder what kind of society we are creating if we stand idle while our own "friends" make the wrong choice(s). Sadly, this hands-off approach is indicative of a lack of moral fortitude and character.

Now before any one accuses the chaplain of passing judgment on someone else, consider this, we pass judgment everyday of our lives on numerous issues.

As members of the U. S. armed forces, we are called to distinguish ourselves from the "rest". We can only be the "best" when we stand above the "rest." Doing the right thing requires making tough decisions, not standing idle while the world stinks around us. If we continue to stand idle, we too will begin to stink.

- Navy LCDR Brenda Bradley-Davila, Chaplain, Foster Chapel



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Marines kick it Korean style

Story and photos by Cpl Matthew E. Habib



The U.S. Marines carefully followed the movements of the ROK Marine instructors during Tae Kwon Do practice. Tae Kwon Do is the regional fighting style of Korea, and relies heavily upon

Sometimes that stubborn Marine needed a little persuasion to stretch that extra inch. The ROK Marine instructors were only more than willing to oblige.



Cpl Terrell A. Brown, Communications Operator, Communications Section, H&S Co, 3/8, loosens up before he begins Tae Kwon Do training with the ROK Marine instructors.



kicking and defensive movements.



s up with some stretching exercises



Sgt Joshua J. Stangler and Sgt Rodrick Jones, Communications Operators, Communications Section, H&S Co, 3/8, closely follow the ROK Marine instructors as they perform one of the Tae Kwon Do defensive maneuvers.

Unit conducts Tae Kwon Do physical fitness training

CAMP MU JUK, Korea – U.S. Marines were greeted by some intimidating individuals here recently when they participated in some host-country physical fitness training.

Three Republic of Korea Marine instructors, wearing traditional martial arts instructor uniforms and black belts, were warming up with an array of stretches and kicks as Marines from Headquarters and Service Company, 3d Battalion, 8th Marine Regiment, Marine Air Ground Task Force-17, lined up for some Tae Kwon Do practice.

Tae Kwon Do is a martial art that combines kicks with Karate strikes. It became the regional fighting style of Korea when the country adapted it in 1905. Since then, the fighting art has undergone some changes as it began appearing around the world. It is the main fighting style of the ROK Marine Corps.

After the head instructor greeted the Marines and introduced Tae Kwon Do's history, the U.S. Marines began to stretch ... ROK Marine style.

The instructors' flexibility from so many years of practice was impressive as they kicked straight into the air and landed on the ground with their legs in the full splits position. The company of U.S. Marines produced a collective groan. But within just a few days, they would be able to almost perfectly perform this feat themselves.

"When I first saw the instructors start stretching and they told us to follow their lead, I said to myself, 'You've got to be kidding me,'" said Capt Monroe H. Henderson, Intelligence Officer, H&S Co,

3/8. "I never knew I could actually stretch that far though. I definitely felt and saw the improvement by the end of the Tae Kwon Do training."

After the initial stretching, the U.S. Marines began to closely follow the instructions by the ROK Marines. The once intimidating instructors quickly proved to be skilled, patient and serious teachers while helping out the U.S. Marines.

They began with the basics: front kicks, punches and stances. The Marines grasped the exercises on the first day. At the end of the training, the U.S. Marines were treated to a display of martial arts skills when the instructors demonstrated various kicks and combinations, which were up to seven steps long.

The U.S. Marines returned the next day, ready to learn more, and were cheerfully obliged by the ROK Marines who took training to the next step. The U.S. Marines were introduced to combination techniques, which included defensive maneuvers, along with more difficult kicks and punches, such as the spinning round-house kick.

Some of the Marines said they felt comfortable with this training, since many of the defensive techniques involved grabs and holds, very similar to the U.S. Marine

fighting style.

"We were taught how to defend ourselves from an attacker, by using his on-coming moment and twisting him off balance, and then locking him down by holding his arm," said LCpl David G. Redford, Mail Clerk, H&S Co, 3/8. "It reminded me of what we are taught in our self-defense training. The kicking portion of the training was new to me though."

By the end of the third and final day of the Tae Kwon Do training, the U.S. Marines were confident in their new martial arts skills. As the day began, they followed through with the instructors' drills, and were able to spar against one another. Some of the Marines were even brave enough to challenge some of the ROK Marines.

"I was able to spar with the instructors for a little while; I can tell you they train seriously and with real intent," said Sgt Depree S. Savoy, Radio Supervisor, H&S

Co, 3/8. "They can kick really hard, especially when they get you in the stomach and you don't expect it. We only sparred for about a minute, but after we were done, I was sore and very respectful. Overall though, I was very impressed by Tae Kwon Do, and am glad to learn a little about it."



Cpl Joshua A. Stevens, Supply Clerk, H&S Co, 3/8, gets a little help from a ROK Marine instructor in throwing a proper forward punch during Tae Kwon Do practice.



Morgan J. Fuller and Greg A. Gleishman, part-time Typhoon Motor mechanics, use teamwork to install a transmission, which is supported by a floor jack.

Typhoon Motors

Auto hobby shop makes vehicle repairs easier

STORY AND PHOTOS BY LCPL KENNETH L. HINSON
COMBAT CORRESPONDENT

CAMP FOSTER — Service members needing a place to work and the tools to get the job done can turn to a base auto hobby shop for their automotive needs.

Typhoon Motors provides service members garage facilities to work on vehicles along with tools, parts, service and the education they need to complete the job.

Customers must have a valid military identification card to work on their vehicle at Typhoon Motors, which has a shop located on every Marine installation on Okinawa.

"The goal for Typhoon Motors is to provide people the opportunity to come in and work on their cars at their convenience," said Tom D. Jarvis, Marine Corps Community Services Program Manager, Typhoon Motors. "We offer a chance to save time, money and the benefit of receiving education about vehicles."

Typhoon Motors has several bays where service members may work on their vehicles. These bays are equipped with hydraulic vehicle lifts, which service members may use to work underneath their vehicle. The bays are available on a first come first serve basis or by appointment. Bays without lifts are also available.

Hundreds of tools and machines are available to perform maintenance with, including welders, air conditioning charging machines, tire changers, sockets and wrenches. Service members are free to use their

own tools and a machine room is available for turning brake drums and rotors.

Service is also available at the auto hobby shop by a staff of certified mechanics, which can assist in finding tools, parts and giving advice to service members about their vehicle. Mechanics will perform minor service on vehicles such as installing new brakes and changing tires. If there is a major problem, the shop has contracts with mechanics off base who will repair the vehicle.

The parts department keeps a complete stock of auto parts for several makes of vehicles. If a part is needed that is not a regular shelved item or is out of stock, they can have it within a few days by special order. A complete line of accessories is available that includes car audio, rims, tires, steering wheels, gauges, brakes, mufflers and four wheel drive equipment.

"You have a good chance of getting any part you want or need for your vehicle through Typhoon Motors," Jarvis said. "The best part is the parts are offered at a competitive price."

Fees for using the shop are based on time and tools that are used, but this saves a lot of money compared to having your vehicle worked on by a professional mechanic, according to Jarvis.

"One benefit from using the hobby shop is the education service members receive from performing hands-on activity," said Sgt James T. Rose, Helicopter Mechanic, 1st Marine Aircraft Wing. "It's a learning experience because a lot of them have never turned a wrench. There is always someone here to lend you a hand with your vehicle."



Personnel at Typhoon Motors work on an automotive timing belt. The belt is being replaced because it is slipping and some of the teeth are worn.

Full-time and part-time positions are available for service members who have the time and want to earn some extra bucks. A few tests and automotive repair classes are necessary, and applicants can apply through the MCCS Human Resource Office.

Typhoon Motors is open Sunday through Thursday from 10 a.m. until 7 p.m., Friday from 10 a.m. until 9 p.m. and Saturday from 8 a.m. until 7 p.m. They also offer a 24-hour islandwide towing service, which will tow vehicles anywhere.

"A lot of people know about the auto hobby shop and we don't want them to be afraid to come in and work on their vehicle," Jarvis said. "Even if they're not sure what is wrong with their vehicle, there is always someone here to help out and lend a hand."

For more information about Typhoon Motors or set up an appointment, contact Tom Jarvis at 645-3205.



Kochi Choshun, Painter, Corrosion Rehabilitation Facility, paints white primer onto a 5-ton truck.

LCPL KATHY J. ARNDT

Contractors save money, keep fleet ready

LCPL KATHY J. ARNDT
COMBAT CORRESPONDENT

CAMP KINSER — Metal turns bright red as a body repairman places his torch flame against the hood of a 5-ton truck to weld a new piece of metal into place.

Over 100 pieces of tactical equipment from Light Armored Vehicles to High Mobility Multi-Wheeled Vehicles go to the Corrosion Rehabilitation Facility here per month to receive the same treatment and be repaired for Marines to use in the field.

Every piece of tactical equipment, from the III Marine Expeditionary Force, Air Force, Navy and Army establishments on island, except aircraft, come to this facility to receive 3rd and 4th level echelon maintenance for structural damage.

Most units have limited repair abilities, which go beyond common fluid replacements and smaller electrical motor repairs. Once the repairs go beyond their first and second echelon repair ability, the vehicle is moved to the CRF for higher echelon maintenance.

"We fix everything that has rust damage as well as fiberglass work," said SSgt Jayson K. Lewis, Maintenance Chief, CRF General Support Maintenance Company, 3d Materiel Readiness Battalion, 3d Force Service Support Group. "If we can't fix it, it's gone. It goes to DRMO."

The Defense Reutilization and Marketing Office disposes of the excess military property through the Defense Reutilization and Marketing System if equipment can't be further repaired by the CRF.

Equipment only goes to DRMO when there is severe structural damage, such as a bent or broken frame, according to SSgt Lewis.

The facility repairs all equipment in three stages, which includes washing and sanding, fixing and repainting the gear.

The first stage starts with a full wash down of the gear, and then it is sand blasted to help reveal any damaged areas.

In the second stage, the equipment is placed in the repair bay for the bodywork to be repaired on all damaged areas.

For the last stage, each piece of equipment is coated in white primer and then painted green. After waiting eight to 12 hours for each coat of paint to dry, the camouflage pattern is then painted on the gear.

"The pattern takes the longest to paint, it usually take one or two days to finish," SSgt Lewis said.

The one thing that makes this facility different than most Marine Corps units is that civilian employees do the work. Seeing as the work goes to a civilian contractor, the Marine Corps saves money and manpower.

Since a contract is established with the civilians, they in return have a set budget to get all of the work completed, according to GySgt Mark A. Fogle, Staff Noncommissioned Officer in Charge, CRF, GSM, 3d MRB, 3d FSSG.

"The only thing we (the Marine Corps) pay for is the paint," SSgt Lewis said.

"There is no longer an MOS for this work in the Marine Corps, and if there was it would take anywhere between 80 to 100 Marines to do the same job as 40 Japanese and 15 Marines," GySgt Fogle said. "Most of these Japanese workers have anywhere between 15 to 20 years experience doing this kind of work. 'The Marine Corps would never be able to provide the same level of experience if Marines still did this MOS.'"

According to SSgt Lewis, the Marines are only there to drive the vehicles and inspect once the repair job is completed.

Another reason why the CRF saves the Marine Corps money is it is on island and has the ability to fix it here rather than sending the equipment to repair facilities in the States like Marine Corps Logistics Bases Albany, Ga., and Barstow, Calif.

Additionally, by using a civilian contractor, the Marine Corps gains a little more than money savings.

Because of their experience, the employees of the facility have attained a production rate of more than 100 percent, according to GySgt Fogle. The facility puts, on the average, 133 pieces of gear back into service per month, which is more than their requirement.

"Our goal is to complete more pieces of gear this fiscal year than we did last fiscal year," SSgt Lewis said.

Last fiscal year, the facility completed 1,456 pieces of gear and are already at 913 for this year.

Even though the facility is putting gear back into service faster than last year with a 39 day turn around time instead of 41, units should still expect to have their gear gone between 60 to 90 days, according to GySgt Fogle.

Additionally, units such as the 31st Marine Expeditionary Unit and other high operational tempo units require more maintenance than base units and are given a greater priority, according to GySgt Fogle.

The CRF expects a higher influx of repairable tactical equipment once units come back from Exercise Tandem Thrust in Australia and Exercise Cobra Gold 2001 in Thailand.

"We will definitely be busy with all the gear we are going to get when the MEU gets back from Australia," SSgt Lewis said.

Service members volunteer time to teach local children

STORY AND PHOTOS BY LCPL JOSH P. VIERELA
COMBAT CORRESPONDENT

CAMP FOSTER — Service member volunteers from Okinawa are in the second year of a volunteer program that brings them together with Okinawan kids in a classroom setting.

The Volunteer English Teaching Program allows Marines, Sailors, Airmen, Soldiers and civilians to share their English expertise with elementary school students throughout Okinawa.

The purpose of this program is to help Japanese students get acquainted with English faster, according to Ichino Kuba, Community Relations Specialist, Camp Kinser.

Each base has adopted its own school or schools. Volunteer groups from each base are responsible for approximately five to 10 classrooms, depending on the number of

volunteers.

The curriculum for each class is determined by the teacher for that class, but about 30 minutes is set aside for service members to teach the children American phrases ranging from greetings such as "Hello, my name is ..."

to songs and games. "These kids have a lot of energy," said LCpl Kelly Shurgot, Paralegal Clerk, Legal Service Support Section, Headquarters and Service Battalion, 3d Force Service Support Group, who is returning to the program for a second year. "(The children) are always willing to learn. We have

so much fun."

This program is not only about having fun, but also about promoting a good relationship with local communities.

Because of the program's usefulness to the children, the Okinawan



The Volunteer English Teaching Program allows service members and civilians to teach Okinawan students English and American courtesies. The students aren't the only ones who benefit from the program. Everyone participating gains a better understanding for each other's cultures.



LCpl Kelly Shurgot, Paralegal Clerk, Legal Service Support Section, Headquarters and Service Battalion, 3d Force Service Support Group, tries to teach an Okinawan girl a few English phrases.

Board of Education has expressed its appreciation.

"This program is very productive, which is why we want to keep it going," said Saeko Taira, Vice Principal, Sakata Elementary School, Nishihara Town.

Those who are interested in joining the program should contact their company office or base chaplain to find out more information about the Volunteer English Teaching Program.

Kinser Elementary students take break from lessons, have field day

CPL CHAD SWAIM
COMBAT CORRESPONDENT

CAMP KINSER — After their annual field day was rained out several times, the students of Kinser Elementary recently took to the school's grounds for a day of fun before the end of the school year.

The field day kicked off at 8 a.m. with the Pledge of Allegiance and some traditional taiko drum dancing. The children then warmed up for the day's events by running a lap around the school's soccer fields.

"We started with a fun run," said Jim O'Neal, Physical Education Teacher, Kinser Elementary. "Then we split up into the activities for the older and younger students."

There were approximately 20 activities for students in second grade and younger, while there were 21 for third through sixth-graders, and nearly 825 children participated in the field day, according to O'Neal.

With all of those students running loose at once, one might assume the teachers were overtaxed with the effort of keeping the children in line, but volunteers stepped in to help keep the activities under control.

"Today we had 20 to 25 volunteers, and we were hoping for 40 or 50," O'Neal said. "It was a little bumpy at the beginning, but it ended up going pretty well."

One of the volunteers, a regular who comes to help out at the school every Wednesday, got a little more than he expected during the day's activities.

"My job now is the sponge toss guy," said LCpl Stephen D. Dryden, Ground Radio Repairman, Communications Company, Headquarters and Service Battalion, 3rd Force Service Support Group. "The kids are supposed to line up and

toss the (wet) sponge to each other, and if they catch it they take a step back. They do that for a few minutes and then just end up going all out and taking each other out with the water. I usually get caught in the middle."

With the shortage of volunteers, many activities were left unmanned, leaving it to the students to take it upon themselves to get those activities underway. The unmanned activities were set out so the students could come in and get things started.

"They're self starters," O'Neal said, "so once the kids get going, you should pretty much get out of their way."

One of the ways the staff made the day possible was by ensuring there was enough equipment for all the students in each class.

"We tried to make (sure) that there was enough for every kid so that nobody was waiting," O'Neal said. "It's like over here with the sponge toss; everybody has one or two sponges. They love that."

With only one day a year spent on activities like this, the students had to rotate every few minutes so that everyone would have a chance to participate in all of the activities.

According to O'Neal, he would like to see more days in which the children who are interested in sports can play in a field day tournament that involves floor hockey, soccer, softball, basketball and football.

According to George W. Bartz, 12, sixth-grader, soccer was his favorite event of the day, but he also enjoyed tossing the football and softball back and fourth.

Field day events like this one are designed to help the students develop skills that will help them throughout their learning careers.

"Fun is a great thing for kids to have, and at the same time they should have the kind of dis-



CPL CHAD SWAIM
Luke Vanzanet (left), 8, and Alex Meyer, 7, both second-graders, anchor their class at the tug-o-war station during Kinser's field day.

cipline that lets them know they have to stay within certain parameters," O'Neal said. "If they learn how to do that early on, then they will be better prepared to deal with the trials and tribulations of academics and other activities that are awaiting them in the future."

Wrestlers cherish coveted honor

SGT JAMES COVINGTON
MCB QUANTICO

MARINE CORPS BASE QUANTICO, Va. — Most Marines want to be the best at what they do. Many aspire to reach the pinnacle of their chosen paths in life, and fulfill childhood dreams of achieving athletic greatness.

The All-Marine team is a power in both Greco-Roman and Freestyle Wrestling. Last year, 14 All-Marine wrestlers competed in the Olympic Trials, earning a chance to fulfill dreams of their own.

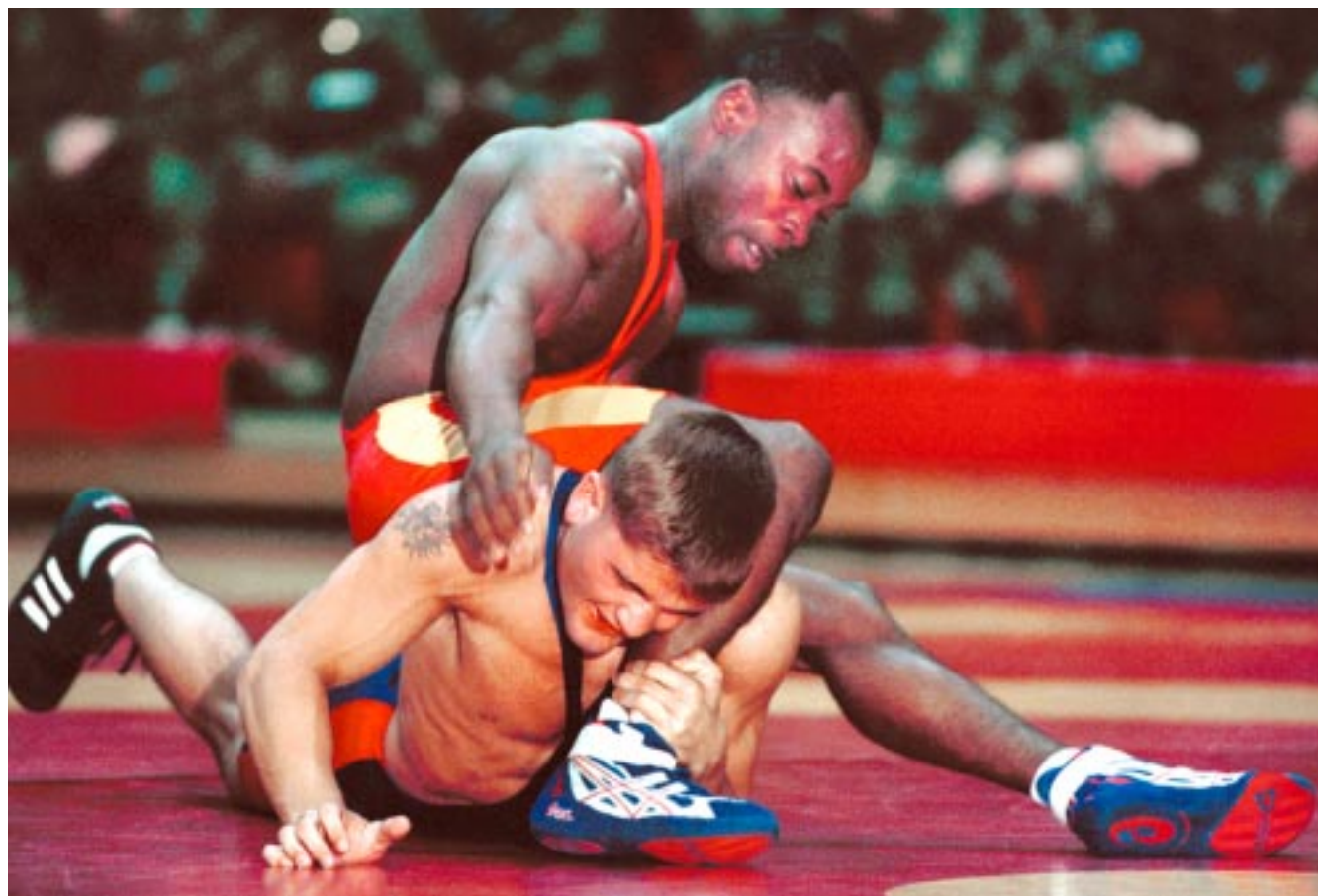
The new members of the All-Marine Wrestling Team are experiencing first-hand the thrill of reaching the top level of competition on the mat.

"It is very exciting and very challenging," said Jessica Acosta, Officer-In-Charge and first-year member of the All-Marine Wrestling Team. "It's not something you just walk into. The coaching is top-notch and the training is top-notch. I really wanted to be a part of this elite team within an elite force."

Many Marines are grateful to be competing in a sport they love as their full-time job.

"It's thrilling to know I'm doing something I love for the Marine Corps," said Miriam Jenkins, who, along with Acosta is one of the first two female wrestlers to make the All-Marine Wrestling Team. "I know my name is now a part of Marine Corps history."

For Frank Workman, another rookie on the All-Marine team, this appointment is his way of telling his command they were right to allow him to come to Quantico and try out.



Andrell Durden (top) and Edward Harris grapple for position during the All-Marine Wrestle Offs. Durden and Harris were among the Marines selected during the wrestle offs to serve on the 2001 All Marine Wrestling Team.

"This is something I've wanted to do since I joined the Marine Corps," said Workman, a Military Policeman at New River Air Station, S.C. "I did very well in high school and college. I knew I had a good shot at making the team. Making the team justifies my being here to my command."

For Workman, the All-Marine team offers him a second chance

to achieve a goal he had set for himself while wrestling in college.

"I didn't make All-American coming out of college," Workman said. "Coming to the All-Marine team gives me another opportunity to make it."

Each of the new All-Marine wrestlers look forward to the opportunities the team offers them to improve their wrestling techniques.

"It's really nice to be on a team where everyone is good," Workman said. "I can learn from everyone here."

"I've learned a lot more about the sport since coming here," said Jenkins. "I look forward to learning even more from some of the best wrestlers in the world. It's great because they have been as eager to teach as I am to learn."

Ice hockey scores big on Okinawa

CPL CHAD SWAIM
COMBAT CORRESPONDENT

NAHA — Americans living on Okinawa may be surprised to find out that the sport of ice hockey is played here. In fact, Okinawa has its own league, and one organization is bringing together Americans and Okinawans.

A group of service members and civilians make up a team called Okinawa Hope Star. There is actually more than one team that makes up Hope Star. It also has teams in the youth league for children learning to skate to age 12 and the senior league made up of adults over 18.

"We're starting a junior league (team) too," said Jon Weckle, Left Wing. "It will be for the 13- to 17-year-olds."

The team has only been around for a year, and its U.S. members are the only Americans who play in the Okinawan league.

Instead of playing just during the winter season, Okinawan hockey is played year-round with regular tournaments.

Hope Star won the last tournament in the youth and senior leagues, with the seniors defeating their opponents 8-0 in the championship game, according to Weckle.

"There are some excellent players out here," said Red Nordick, Defense. "I've been playing since

I was seven, and I'd say that this is one of the better teams I've played on."

Despite its recent victory, the team expects to lose many members this summer and is looking for replacements now.

"Some of our veteran defensive men are leaving," Weckle said. "We're looking for new players because by October we will have lost a lot of people."

Even though they are on Okinawa, some of the players said being on the ice reminds them of home.

"It just brings me back home because I grew up in the north," Nordick said. "Living on a tropical island and coming down here to actually play on the ice really just brings me back home to Minnesota."

Besides associating it with home, players also love the physical aspects of playing hockey.

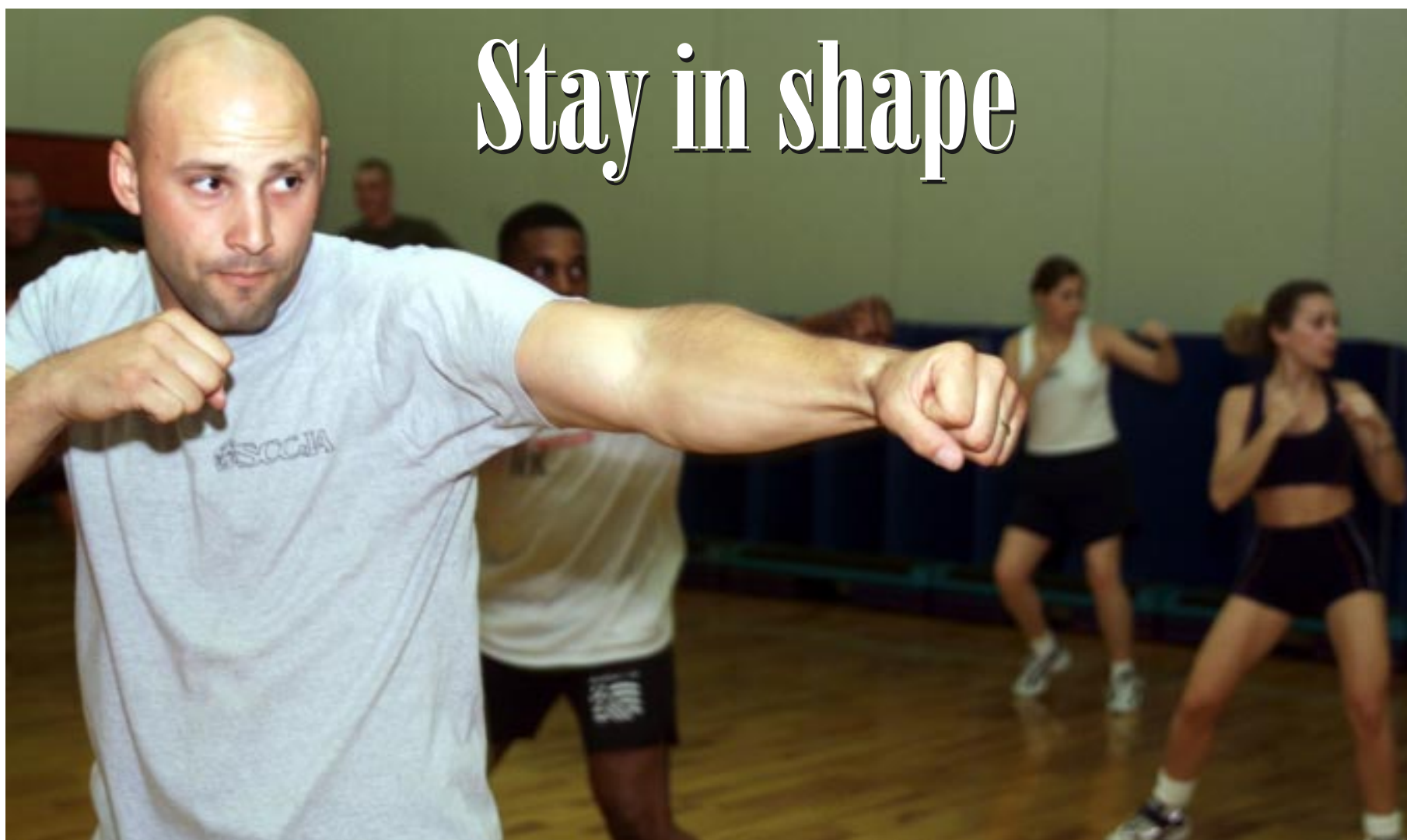
"I love the adrenaline of it," Weckle said. "I've only been skating for one year, and it's an experience like I've never had before."

The team plays pick-up games here at the Sports World Southern Hill on Monday and Thursday nights, with practice and day games on Saturday and Sunday.

For information on league dues, directions and tryouts, contact Jon Weckle at 637-3498/2001/1520 or at WeckleJC@3fssg.usmc.mil.



Jon Weckle, Left Wing, tightens up his skates before hitting the ice at the Sports World Southern Hill in Naha.



LCpl John J. DeMaTteo, Assistant Gunner, Co F, 2d Bn, 11th Marines, participates in the Camp Hansen cardio-kickboxing class, at the Camp Hansen House of Pain. He is one of many who find unique ways to stay in shape while on Okinawa.



Brandy Chalkley, Fitness Group Instructor, Marine Corps Community Services, leads her students throughout a cardio-kickboxing class. There are many unique ways to stay in shape provided by the Marines Corps, throughout the different camps of Okinawa.

Exercising together can bring out true potential

STORY AND PHOTOS BY CPL MATTHEW E. HABIB
COMBAT CORRESPONDENT

OKINAWA, Japan — When I volunteered for this story, I attended a cardio kickboxing and abdominal workout class. Going to the class made me realize something ... it's not that I mind exercising, but I mind the exercise itself.

It's true. When I went to this class, I originally meant to just shoot some pictures, get some interviews, and move onto the next subject. Instead, the instructor and the participants of the class urged me to join in and even humorously heckled me a little.

After taking some photos, I suddenly felt a little sad that I really wasn't part of the group. Here were all these people laughing and working out together, and there I was about to go home. I probably would have sat around for the rest of the night, knowing that I hadn't worked out for the day. Then the next day, I'd be angry with myself, but it would be too late, I would have already missed my opportunity.

After shooting my last photograph, I put down my gear. A couple of minutes later with a quick shirt change, I was out there with everyone else, stumbling around like I had never walked before.

People were doing kicks, shadowboxing and were sweating hard. I was also sweating hard, but most of my concentration was mostly on trying to bounce with the beat of the music, and trying to keep up with the instructor.

Yes, I looked uncoordinated out there, as did some of the other participants. None of the other participants cared, though, and I was still able to get my cardio workout, followed by an abs workout. It wasn't until after the class that I learned how much I really had done.

I was told that working out in the cardio kickboxing class burns off as many calories as if you ran a little over five miles in one hour. The stretching portion helps your flexibility, the abs portion obviously works your abdominal muscles, and the kickboxing portion works to build your cardiovascular system. This

is not your typical exercise, but I can see myself returning for further classes.

Some people enjoy running. I do not. I understand the need to be a good runner in the Marine Corps. I'll still do things to improve in that area. But as far as weight training and fitness go, I tend to look elsewhere.

Honestly, how motivated can I be to go home after work everyday and do the same thing? I don't find it very exciting to run the same path, on the same base, seeing the same buildings. I really don't enjoy running in exhaust fumes either, or taking my life into my own hands every time I try to cross the streets out in town. Plus, I hate working out alone.

True enough, as Marines, we do P.T. as far as the typical running, crunches and pull-ups is concerned. And on Fridays, it's usually something fun. That's good, but I know that if I really want to see drastic improvements, I need to spend the extra time doing something physical and interesting.

There are so many different ways to help stay in shape, and a wide variety of activities available to the Marines stationed on Okinawa. Facilities, ranging from swimming pools to racquetball courts, are available throughout the island.

If Marines were to walk into one of the camp gyms, they would find a calendar of sporting events from basketball to football. Activities like these are great because in addition to being counted on by your teammates to participate, you are also having fun while working to stay in shape.

Maybe you go to P.T. in the morning, and are just looking for something light to do other than watching movies all night. Things like bowling, playing billiards and even cleaning amount to something.

If you wish to be in better shape, then you need to get out and find a way to work your muscles. Any physical activity will help you get on the road to getting in better shape. The trick is to find something that's interesting and fun for you, then feed off of that motivation to do it. With all the activities available, it shouldn't be too hard to find something to do.



AUTOMOBILES/MOTORCYCLES

1989 Toyota Camry — JCI April 03, \$1,400 OBO. Tim, 623-5104.
1993 Toyota Levin — JCI Sept 02, \$3,200. 934-5915/622-1152.
1989 Toyota Camry Prominent — JCI Nov 01, \$750 OBO. **1991 Nissan Sunny** — JCI May 03, \$1,700 OBO. 646-6301.
1991 Nissan Laurel — JCI May 03, \$2,300 OBO. 637-3773.
1988 Harley Davidson — JCI Jan 03, \$10,500 OBO. 646-6193.
1989 Mazda Bongo van — JCI April 03, \$1,000 OBO. **1990 Toyota Corolla** — JCI Oct 2001, \$1,200 OBO. **1987 Toyota Camry** — JCI April 02, \$500 OBO. 637-2598.
1988 Nissan Bluebird — JCI May 03, \$1,000 OBO. 622-7710.
1993 Ford Spectron — JCI July 02, \$3,375. **1989 Honda Accord** — JCI Nov 01, \$1,500. Buy both, get discount. 622-9408/622-5194.
1991 Toyota Levin — JCI Nov 01, \$2,300 OBO. 636-4438.
1988 Nissan Skyline — JCI Dec 01, \$600. 636-4621.
1987 Toyota Master Ace Surf — JCI Sept 02, \$750 OBO. 646-5964.
1989 Toyota Levin — JCI Jan 03. **1989 Mitsubishi Galant** — JCI Oct 01. Both cars for \$1,500 OBO. 633-3041.
1991 Honda Ascot — JCI Aug 02, \$900. **1988 Mercedes 190E** — JCI May 03, \$2,900. 646-6767.
1989 Toyota Town Ace — JCI Aug 02, \$1,800 OBO. **1990 Mitsubishi Galant** — Free to good home. Needs work. 646-6269/636-2979.
1987 Nissan sedan — JCI Jan 02, \$500 OBO. 622-5318.
1990 Toyota ED — JCI June 03, \$1,000. 622-8608.
1990 Honda Prelude — JCI Nov 02, \$2,000. 636-3089.
1992 Toyota Carina — JCI June 03, \$1,000. 623-5383.
1990 Toyota Sera — JCI Sept 02, \$1,800 OBO. 646-8717.
1988 Toyota Town Ace — JCI July 01, \$1,200 OBO. 643-7093.

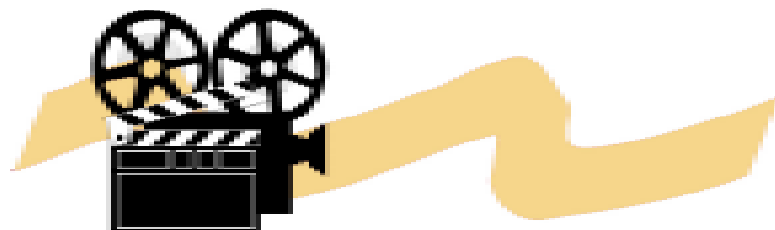


MISCELLANEOUS

Misc. — Bose AM-7 speakers, table stands and wall mounts, white, \$450 OBO; two 2000-watt transformers, \$100. 645-4277.
Misc. — Minolta X-570 camera, flash, autowinder, macro/doubler, 50mm, case, \$95; Power Japanese software/books, \$40. 633-4100.
Misc. — Jog stroller, \$60; Kathy Ireland large maternity dress, \$10. 622-8124.
Books — Univ. of Maryland Math 107, \$60 OBO; IFSM 300, \$50 OBO. 646-5872/09027188975.
Misc. — Torso Trac, \$95 OBO; Welder Ab shaper, \$25 OBO. 646-3355.
Rosewood Computer desk — New, glass, never unpacked, ordered in Hong Kong. Paid \$1,000. Make serious offer. 646-8823/645-3163.
Box window valances — fit multiplex sliding doors and LR windows, \$15 each. 622-8124.
Misc. — four 17-inch triple chrome rim tires, \$1,700 OBO; Nissan Skyline rear spoiler, \$40; Toyota rear spoiler, \$40; High Performance steering wheel, \$60; chrome muffler for Honda Accord, \$150; Sony 600-watt 4-channel amplifier, \$200; Kenwood 600-watt 2-channel amplifier, \$200; Kenwood and Sherwood radios, \$100; 375-watt bass tube, \$150 OBO; one Farad (digital) capacitor, \$150. 637-4097 or 090-9785-5108.
Misc. — 12X14 light beige carpet, \$25; 5-tier storage shelves, \$10 each. 622-5416.

Ads appearing in the Okinawa Marine do so as a free service to active duty military their dependents and DoD employees. Ads are restricted to personal property or service of incidental exchange. Ads run on a space-available basis and must be resubmitted each week. The deadline for ads is noon, Fridays, space permitting. The Okinawa Marine reserves the right to edit ads to fit available space. Please include your name and the phone number you wish published. The Okinawa Marine makes every effort to ensure accuracy but assumes no responsibility for services offered in ads. Submit ads by faxing to 645-3803, Mon.-Fri., or send an e-mail to editor@mcbutler.usmc.mil

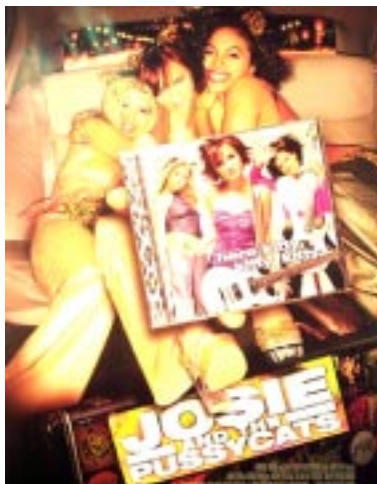
Coming to a theater near you ...



Feature programs and start times are subject to change without notice. **Call theaters in advance to confirm showtimes.** Second evening movies will vary when the program runs longer than 120 minutes.

Schwab (625-2333)

Fri Heartbreakers (PG13); 7:00
Sat The Brothers (R); 6:00
Sat Tomcats (R); 9:00
Sun The Brothers (PG13); 3:00
Sun Tomcats (R); 6:00
Mon Swordfish (R); 7:00
Tue Swordfish (R); 7:00
Wed Closed
Thu Saving Silverman (PG13); 7:00



Check Hansen, Keystone, Butler and Kinser Theaters for show times.



Check Schwab, Courtney, Keystone, Butler and Kinser Theaters for show times.

Hansen (623-4564)

Fri Pearl Harbor (PG13); 6:00, 9:00
Sat Pearl Harbor (PG13); 6:00, 9:00
Sun Enemy at the Gates (R); 2:00, 5:30
Mon Josie and the Pussycats (PG13); 7:00
Tue Josie and the Pussycats (PG13); 7:00
Wed Traffic (R); 7:00
Thu Hannibal (R); 7:00

Courtney (622-9616)

Fri Swordfish (R); 7:00
Sat Tomcats (R); 7:00
Sun The Brothers (R); 7:00
Mon Closed
Tue Closed
Wed Heartbreakers (PG13); 7:00
Thu Closed

Keystone (634-1869)

Fri Shrek (PG); 5:30
Fri The Brothers (R); 9:30
Sat Shrek (PG); 1:00
Sat Josie and the Pussycats (PG13); 5:30
Sat Swordfish (R); 9:30
Sun Pokemon 3 (G); 2:00



Check Schwab, Courtney, Butler and Futenma Theaters for show times.

Sun Josie and the Pussycats (PG13); 5:30
Sun Swordfish (R); 8:30
Mon Josie and the Pussycats (PG13); 7:00
Tue Josie and the Pussycats (PG13); 7:00
Wed Enemy at the Gates (R); 7:00
Thu Enemy at the Gates (R); 7:00

Butler (645-3465)

Fri Tomcats (R); 7:00, 10:00
Sat Pokemon 3 (G); 1:00
Sat Josie and the Pussycats (PG13); 4:00
Sat What's the Worst That Could Happen? (PG13); 7:00, 10:00
Sun Pokemon 3 (G); 1:00
Sun Josie and the Pussycats (PG13); 4:00
Sun What's the Worst That Could Happen? (PG13); 7:00
Mon Enemy at the Gates (R); 7:00
Tue Enemy at the Gates (R); 7:00
Wed Enemy at the Gates (R); 7:00
Thu Swordfish (R); 7:00

Futenma (636-3890)

Fri Exit Wounds (R); 7:30
Sat Tomcats (R); 6:00
Sun The Brothers (R); 6:00
Mon Pearl Harbor (PG13); 7:30
Tue Closed
Wed What's the Worst That Could Happen? (PG13); 7:30
Thu Closed

Kinser (637-2177)

Fri The Brothers (R); 7:00
Sat Pokemon 3 (G); 3:00
Sat Enemy at the Gates (R); 7:00, 11:30
Sun Josie and the Pussycats (PG13); 7:00
Mon Closed
Tue Pokemon 3 (G); 7:00
Wed Swordfish (R); 7:00
Thu Josie and the Pussycats (PG13); 7:00